PARISH MAGAZINE OF ST. GEORGE, KENDAL ST JOHN THE EVANGELIST, GRAYRIGG www.beaconteam.org.uk AND

SANDYLANDS CORNERSTONE CHURCH www.sandylandschurch.com









Free

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Letter from Rev Melanie Greenall, Minister at Sandylands and Stricklandgate Methodist Churches

Dear Friends

It must be nearly autumn as the TV channels entice us with their new schedules, those programmes 'we really cannot miss' and the country divides into 'X Factor' or 'Strictly' camps! Perhaps you like both or neither.

I'm more of a Strictly fan myself which is very odd as I don't think I have much sense of rhythm at all.

It amazes me how some celebrities soon look like naturals (granted some have had prior experience) while others look decidedly awkward. Who can forget Ann Widdecombe, though I'd like to. We may never be likely to end up on Strictly nor perform at the Tower Ballroom, Blackpool (on my bucket list) but we are invited to join in a dance of sorts, a dance God invites us to be part of, the dance of life, learning to move in harmony with the Divine One and with each other.

There are lots of steps to learn and at first it will seem strange and daunting and we'll feel awkward, more like an ugly duckling than a beautiful swan. Just witness the behind-the-scenes footage of the celebrities making their first tentative steps, tripping and despairing. Do you do that in life? I know I do.....often.

However, the matches are made on Strictly some work so well that by the end of the series the pair seem to move not as two people but as one unit, expressing the beauty of the human body and the joy of music. Its a sight to behold and celebrate as when Rose Ayling-Ellis won 2 years ago, despite being deaf.

With similar practice and trust in our divine dance partner we too can become such a sight and this world could be transformed. Thoughts Graham Kendrick sums up as :

Teach me to move in the power of your Spirit

Teach me to walk in the light of your presence

Teach me to love with your heart of compassion

Teach me to dance to the beat of your heart

I may never be on Strictly but dancing to the heartbeat of God would suit me just fine.

Keep Dancing!

Grace and Peace

Melanie





St John the Baptist, Skelsmergh:

Sunday 1st Trinity 17th Morning Worship 11am

Sunday 8th Trinity 18th with Selside

Sunday 18th Trinity 19th Holy Communion 11 am

Sunday 22nd Trinity 20th With Burneside

Sunday 29th Trinity 21st TEAM SERVICE at Selside

St John the Evangelist, Grayrigg

Sunday 1st Trinity 17th Harvest Worship 9.30am

Sunday 8th Trinity 18th Morning Worship 9.30am

Sunday 15th Trinity 19th Holy Communion 9.30am

Sunday 22nd Trinity 20th Evening Worship 6.30pm

Sunday 29th Trinity 21st TEAM SERVICE 10.30am at Selside

St George, Kendal

Sunday 1st Trinity 17th Holy Communion 11am

Sunday 8th Trinity 18th Morning Worship 11am

Sunday 15th Trinity 19th Holy Communion 9.30am

Sunday 22nd Trinity 20th Morning Worship 11 am

Sunday 29th Trinity 21st TEAM SERVICE 10.30 am at Selside

St Mary, Longsleddale

Sunday 1st Trinity 17th Abbey Service 10.30am

Sunday 29th Trinity 21st TEAM SERVICE 10.30am at Selside



St Oswald, Burneside

Sunday 1st Trinity 17th Evening Worship 6pm.

Sunday 8th Trinity 18th Morning Worship 11 am

Sunday 15th Trinity 19th Holy Communion 11am

Sunday 22nd Trinity 20th Holy Communion 11am

Sunday 29th Trinity 21st TEAM SERVICE 10.30am at Selside

St Thomas, Selside

Sunday 1st Trinity 17th Morning Worship 9.30am

Sunday 8th Trinity 18th Harvest with Holy Communion 11am

Sunday 15th Trinity 19th Evening Worship 6.pm (Celtic)

Sunday 22nd Trinity 20th Morning Worship 11am

Sunday 29th Team Service Holy Communion 10.30am

Sandylands Methodist Church

Sunday 1st Morning Worship with communion 10.30am Causeway Service 3.15pm

Sunday 8th Morning Worship 10.30am

Sunday 15th All age Worship 10.30am

Sunday 22nd Morning Worship 10.30am

Sunday 31st Morning Worship 10.30am

Every TUESDAY 6.00pm Short Evening Prayer at St. Oswald Burneside

Every WEDNESDAY 9.30am: BCP Holy Communion at St. Oswald, Burneside

Online: Worship is available throughout the week via Zoom

Access: https://us02web.zoom.us/j/87329356785

Meeting ID: 873 2935 6785

Regular weekday Zoom services include:

* Mondays 8.30pm : Compline

* Fridays 8.30pm: Celtic Evening Prayer

A weekly email with news and updates on services is available - please contact jean.radley@outlook.com if you would like to be added to the list.

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Readings for the Month of October 2023

01/10/23

The Seventeenth Sunday after Trinity

First Reading Ezekiel 18:1-4, 25-end
Psalm 25:1-8
Second Reading Phil. 2:1-13
Gospel Matt. 21:23-32

08/10/23

The Eighteenth Sunday after Trinity

First Reading Isaiah 5:1-7 Psalm 80:9-17 Second Reading Phil. 3:4b-14 Gospel Matt. 21:33-end

22/10/23

The Twentieth Sunday after Trinity

First Reading Isaiah 45:1-7 Psalm 96:1-9, 10-13 Second Reading 1 Thess. 1:1-10 Gospel Matt. 22:15-22

29/10/23

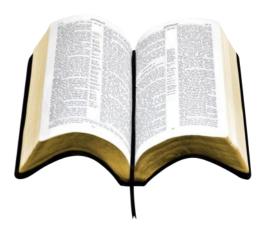
The Last Sunday after Trinity (Bible Sunday)

First Reading Nehemiah 8:1-4a,5-6, 8-12 Psalm 119:9-16 Second Reading Colos. 3:12-17 Gospel Matt. 24:30-35

15/10/23

The Nineteenth Sunday after Trinity

First Reading Isaiah 25:1-9 Psalm 23 Second Reading Phil. 4:1-9 Gospel Matt. 22:1-14



From The Registers

Weddings

16th September at Skelsmergh Mary Ann O'reilly and George Sean Friel 23rd September at Longsleddale Anna Jamieson and Gregory Eric Little



Baptisms

August 27th at Burneside Mason Allan Kerry 10th September at Burneside Elizabeth Rose Nicholson

Funerals

1st September at St. George's Zeta Hayton

St George's Church Chatter and Natter

Come and Join us on the last Friday morning of (25th August)



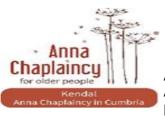
Every month in the Radley Room

From 10am until 11.30am

For Tea/coffee, cake and meet up with friends.

All are welcome For further information ring

Sue Whittaker 07866341554 Look forward to seeing you all!



Anna Chaplaincy, named after the faithful widow Anna, who appears with Simeon in Luke's gospel, is a national organisation offering spiritual

care for older people and their carers. It is supported by The Bible Reading Fellowship.

The Kendal team offer monthly services to 5 Nursing/care homes, offer home visits and communion to those who are housebound and runs The Kendal Tea Service at Holy Trinity Kendal Parish Church on the 3rd Thursday of every month commencing at 2.30pm. This is a short dementia friendly service followed by refreshments, fellowship, and an optional craft activity.

The Kendal Team is currently quite small, we live in an area with an ever-increasing elderly population and wish to be able to ensure every person in every care home and every elderly person living on their own has their pastoral needs met and we are there for people of strong, little or no faith.

Is this a ministry that touches your heart? There are several ways whereby you could find out more

Contact Beverley Moore, Anna Chaplain for Kendal at: bevmoore.annachaplaincy@gmail.com or telephone 07507749238

Come to a Tea Service and chat to Beverley or the team of Anna Friends and volunteers

Join a ZOOM Introduction to Anna Chaplaincy session presented by the national team. This meeting via Zoom will present the bigger picture about the ministry and is led by Debbie Thrower, who pioneered Anna Chaplaincy. The next one will be on **Tuesday 14 November, 10.30am-12 noon.** Debbie Thrower typically presents the vision for Anna Chaplaincy, its history, and principles. **Email me on m-stevens@hotmail.co.uk** for details of how to join.

I joined the Anna Chaplaincy team a year ago as an Anna Friend. It was a very new venture for me, but I have been inspired by the vision and trust God to equip me for this ministry. There is excellent training available and ongoing support overseen by Beverley and Churches Together in Cumbria.

Maureen Stevens, Anna Friend and formerly Reader at St George's Church

Sandylands Cornerstone Church and Community News

Groups

Sandylands Friendship Group:

We resumed on the 14th of September at 2pm —we had a speaker from International Aid Trust to talk about their work at home and abroad and about their scheme which delivers shoeboxes of gifts to all ages through the year.

We will be supporting them with our shoe boxes this Christmas as there is no longer a local appeal and this will be an opportunity to find out what items to pack

12th / 26th October: Filling Shoeboxes

All welcome £2 per meeting which includes tea and biscuits

Wendy Thomas

Sandylands Seniors -1st and 3rd Thursdays

Games can be played, scrabble, uno, dominoes and more or just come and chat with old and new friends.

First Thursday 5th October :Tea and Coffee, and cake are served Third Thursday 19th October, the morning is followed by a cooked lunch at noon. Which must be pre-booked.

Through Mellor.family@tiscalli.co.uk

Donations are accepted towards the lunch and energy costs.

Causeway

First Sunday of Every Month

3.15pm for Chat and Coffee, Service begins at 4pm

Friendship and praise with our friends in the community with supporting needs, to come together for chat and worship



Every Wednesday from 10.00 till noon Why not join us for coffee cake and chat Everybody is made welcome





St George's Community Hub

Soup, sandwiches, cake and fruit, tea, coffee and squash are available between 11.45am and 1pm on Thursdays.

There is a listening ear available for anyone who would find that helpful.

DO COME AND JOIN US -ALL ARE WELCOME





!st Kendal Girls Brigade is for all girls and women. Aged 4 plus. (Girls must be at school)

We meet at Sandylands Methodist Church on Mondays (term Time only) from 6pm to 7.30pm

Sometimes our very youngest members leave after a drink and biscuit at 7.15pm. Our n'vestigate group is 4-7years old ,n'gauge for 8-10years, n'counta for 11-13years old and the 14years plus organise themselves and an n'spire group.

We play games ,listen to stories ,be creative, and discuss life issues all with a Christian ethos underpinning it.

Our moto is "Seek, Serve, and Follow Christ" but fun and friendship is important.

We look forward to meeting you .For more information contact Karen at 1stkendalgb@gmail.com or just pop down on a Monday night.

MECHANICS FOR AFRICA (MFA)

The value of education

In the year 2000, a young couple from a church in Surrey were visiting Zambia when they encountered young men standing idly around on street corners .

Unfortunately these young men were unable to pursue further education or any vocational training due to the cost that would be incurred for them to attempt such a step.

It was from this realisation that a vision developed to enable young people to gain access to vocational education in Zambia. The plan was to start a college in Ndola, within the copper belt of Zambia, to train young Zambians as motor mechanics, along with essential life skills, within a Christian environment.

In 2001, land on the outskirts of Ndola was purchased and 2002 saw the foundations of the college building and workshop being laid.

In 2003 MFA Zambia was born. And January, the start of the academic year, saw the intake of the first sixteen students ready to be taught and given practical experiences as they prepared for the City and Guilds qualification in Motor Mechanics - a two-year course. The main criteria for acceptance on to the course were the determination and perseverance necessary to gain adequate skills in addition to competence in reading and writing English . Students also had to raise 20% of the total fees to be considered. This was seen as having a sense of responsibility and ownership of their learning. The majority of the fees was funded by MFA through donations, sponsorship, and charity.

The main vision of the founders was to provide young Zambians with the opportunity to gain employment through education.

Many students who attend are orphans living with extended families but they manage to raise the funds to meet the criteria with their families' support, or help from local churches. The college provides much needed meals – who wouldn't need breakfast after walking for maybe 2 hours to get to college?! The on-site garden provides the vegetables and fruit that are served.

This training has provided a steppingstone for others. Once qualified and in employment, some of the students have been able to support their siblings on to the ladder of education through MFA.

Approximately 80% of graduates from the course have obtained employment which has had a positive knock-on effect to the economic status of their families.

Things have developed and students now study for a Zambian motor mechanics qualification. Their training at the MFA College also includes life skills, computer education, and Bible teaching.

. Additional buildings and facilities have been added and the college now caters for a total of 100 students over the two-year period.

After three successive British Couples leading the college and facilities, it is now led by a Zambian Christian, Gwanire Kalombe, who had previously been a social worker in London for ten years.

As this educational enterprise develops, it is hoped that the total running of the college will be the responsibility of Zambians, with support from the British MFA trustees. Currently, all the college staff members are Zambian nationals.

It is hoped that in the near future we shall be able to welcome Gwanire in person to South Lakes, when she visits the UK.

WATCH OUT FOR further stories, photos and information about this enterprise in the next issue of your Parish Magazine!

J C Goodman







Grayrigg Church and Community News

St John The Evangelist, Grayrigg Church Cleaning Rota

October 1st Harvest Festival October 15th Sally and Wendy

The rota will be published in the magazine each month

Coronation Hall

200 Club

September

- 1 189 John Wadsworth
- 2 157 Mrs. S Hunter
- 3 42 Mark and Chrissy Jackson **Pub Nights**

October pub night is Burger night



Come and enjoy burger or sausage in a bun with salad . On Friday 6th October . £5 per head

November 3rd Pub night is Pie Night

December 1st –Italian Evening

December 15th –Christmas pub night with pool, darts
and domino competition

.All enquires or bookings for hall contact: Sue 07917840538

St John The Evangelist Grayrigg

Harvest Services

Sunday October 1st

Harvest Thanksgiving Service 11am Followed by Harvest Lunch in the Coronation Hall No charge for the lunch but donations welcome for Bishops Harvest Appeal



Sunday 22nd October

Evensong Service at St John's Church with The Evensong singers .Service at 6.30pm

All Welcome Clifford Kendal

Firbank Dominoes



Firbank Pie Supper and Bingo 7.30pm

Friday 20th October

Church Hall 7.30pm

Rainfall in Grayrigg

The rainfall in August 2023 was 122.1mm or 4.81 inches
The rainfall in August 2022 was 66.6mm or 2.62inches
The average August rainfall over the last 31 years is 133.7mm or
5.27 inches.

Grayrigg Parish Meeting

Wednesday 11th October 2023 at 8pm

To be held in the Coronation Hall

Becky Lewis

Grayrigg News

28th October: Soupa Saturday starting 11.30am.

There will be a choice of a bowl of soup with a roll, or soup and sandwiches .

It is an ideal time to chat with your friends and neighbours and catch up with local news . There will also be a raffle, and all proceeds will go to St John's Church

25th November: Annual Christmas Fayre

There will be stalls, cakes, tea and coffee, mince pies, a raffle and Father Christmas who always manages to find time to visit Grayrigg despite his busy schedule. Please come along to buy some things for the festive season and begin to feel the spirit of Christmas

1st December: Italian Themed supper

The Italian themed supper will be a three course meal costing £15 per head . .Tickets for reservation s are available from David Last on 01539824468 or davidlast@dockergarth.co.uk. .When ordering tickets please state if you have any special dietary requirements . There will be vegetarian and gluten free options available . We cannot guarantee that there will be no traces of nut in the food . Tickets will be limited to forty five people on a first come first served basis. Proceeds will be split between the Coronation Hall and St John's Church David Last

Funds Raised:

Car treasure Hunt raised £140 for Hall funds .Thankyou all whom took partand thanks also go to Kevin and Meryll for organising it.

Sue Harper

"The Afternoon Tea held in the Coronation Hall on September 9th raised the sum of £1000 for the funds of the Over 60s, which will help towards the cost of the meal and concert on March 9th next year for the Over 60s, and the additional concert in the evening which is open to the public to raise funds for charity.

All those who were there enjoyed the afternoon immensely, and it was lovely to see so many friendly faces from the village and surrounding area."

David Last

What next?

Are you asking this question?

We are running a course in your area that might help you find the answer.

The name of the course is: SHAPE

The aim:

This course aims to enable people to understand the unique **SHAPE** God has made them, the gifts he has given them and how he might want to use them.

This is so each person finds the ministry to which God is calling them in the Church and in the world. It aims to enable participants to live and serve with more joy, satisfaction and fruitfulness. This should build a healthy growing Community, and will affect the way each person engages with their family, friends, job, local community, and voluntary / leisure activities.

Perhaps you have this niggling feeling that you should be doing something different but you are not sure what. Or you may be at a decision point in your life; looking to change direction in your work, thinking about college, or towards a new chapter in your home life. It may be that your children are leaving home, you are retiring, or just feeling that a different kind of volunteering in the church or in the community might be the next step

.

The core topics

SHAPE has a holistic approach. The sessions involve - looking at:

Your Spiritual Gifts (God's unique gifts to you)
Heart's Desire (what motivates and excites you; what you love to do)

Abilities (your talents, knowledge and skills) **Personality** (your character, personal qualities and

strengths)

Experience (your life experiences and what you've gained

from them)

We will be meeting at Holy Trinity Church, Kendal (LA9 5AF) Monday evening 7 – 9pm from 9th October for 6 weeks.

If it is not you perhaps you know somebody else who is in this

positionplease tell them about it.

For more details please contact:

Rev. Beverley Lock: <u>beverley.lock@carlislediocese.org.uk</u>

or Steve Minto: 07884 849407 or to book: https://

www.trybooking.co.uk/CNFA

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Letter from Rev. Jean Radley Associate Priest

Prayer and Bible Reading

Dear Friends

Urgent Prayer

We have so much for which to be thankful in the UK, including our freedom of worship. We were appalled to hear of the persecution of Christians in Pakistan – the homeland of Aneeta and Amar - where homes and churches have been burnt to the ground, Pastors shot and girls and women raped. The situation is worsening. Please pray for our Christian brothers and sisters in that land.

Bible Sunday - 29th October

At the recent coronation the King was given a Bible with the words 'the most valuable thing that this world affords'. As Bible Sunday is celebrated this month, let's ask why we should read the Bible?

The Bible isn't a single book, but a library of 66 books, composed by some 44 writers over 1500 years in a range of styles including history, poetry, prophecy, letters and apocalyptic (looking the end times). Despite having a number of different writers, it claims one authority – God Himself! 'All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work' (2 Timothy 3:16). The Bible is inspired ('the word of God in the words of men') and equips us to live for God in every aspect of our lives. We also have the promise of the Holy Spirit to guide us when we read: 'when the Spirit of truth comes, He will guide you into all truth' (John 16:13).

How should we read the Bible? Let's consider the following guidelines:

Right time: We need a regular routine, which will meet our needs. This will vary according to our circumstances e.g. a parent at home with young children, somebody with a demanding job or a retired person.

Right Place: We need to find a space where we can be undisturbed (e.g. lounge, bedroom, train or kitchen).

Right Version: We need a version of the Bible which we can readily understand and use. A number of versions are available (e.g. NIV, New Living Translation, Good News Bible), as well as Bible apps we can access on our phone.

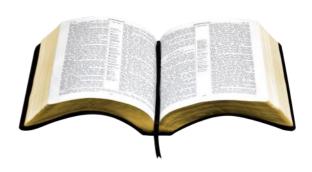
Right Help: Reading notes also help us to understand a passage and apply it to our lives

Market Place Books in Kendal – just beside the URC Church – has a good selection of Bibles and Bible reading notes which you can browse to see which one you can best get along with. They have a good selection of Bible reading notes as well. There will always be someone there to advise and help you choose the right one.

Let's get reading!!

With love and prayers







What food did God supply for his people in the wilderness?

Numbers 11:7-9 and 31

After Elijah came to visit, what never ran out?

1 Kings 17:14

What food did the

ravens feed Elijah?

FIND THE BIBLE VERSE

Change each letter in this bible verse to the letter before it in the alphabet.

NBO TIBMM OPU MJWF PO CSFBE BMPOF, CVU PO FWFSZ XPSE UIBU DPNFT GSPN UIF NPVUI PG HPE.

NBUUIFX 4:4

CONNECT THE BIBLE FOOD PAIRS

HONEY MANNA WINE OIL FISH WATER QUAIL LOCUSTS **FLOUR** LOAVES

and 1 Kings 17:6

What food did John the Baptist eat in the wilderness?

and

Matthew 3:4

What did the boy give Jesus to feed 5,000 people? Five __ __ __

and two John 6:9

As Lot escaped Sodom with his family an angel told him not to stop or look back, but Lot's wife did look back and became a pillar of salt

READ Genesis 19

out at the wedding? and what did Jesus use to make more?

What drink ran

John 2:3 and 7

EBREADHONEYO SGOW

Ε SA Find the words below and the answers to the auestions all in the word search

OLIVES • CHEESE FIGS • DATES **MUSTARD** Y RAISINS · WHEAT SALT • GRAIN FRUIT • GRAPES

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