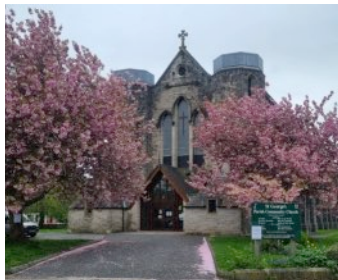


**PARISH MAGAZINE OF ST. GEORGE, KENDAL
ST JOHN THE EVANGELIST, GRAYRIGG
www.beaconteam.org.uk
AND
SANDYLANDS CORNERSTONE CHURCH
www.sandylandschurch.com**



July 2023

Free

Donations welcome

Beacon Team Mission Community

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Sandylands Seniors	Jenny Mellor	sandylandschurchbooking@gmail.com	

Letter from Rev Canon Tricia Rogers Priest in Charge with the Beacon Team

Dear Friends

I don't believe God ever intended us to be hermits – to be completely cut off from other people and isolated. You only have to go to the beginning of the book of Genesis to read 'it is not good for man to be alone' and Adam was given Eve as a companion. We all need people we can go to, to talk with, to share concerns and intimacies with and to get advice from. We all need friends.

At the end of this month – on the 30th July there is World Friendship Day. An idea initially proposed in 1958 but not taking off till 2011 when this date was declared International Day of Friendship by the united assembly of the United Nations. With the idea that friendship between peoples, countries, cultures and individuals can inspire peace efforts and build bridges between communities.

Friends are very important in our lives. As my eldest daughter said to me once, "we choose our friends, but we have no choice with our families". In a sense, friends are chosen family; they have been chosen deliberately, they cheer us on through difficult times, and celebrate with us on joyful occasions. Life's special moments are made brighter by the presence of our close friends.

Friends prevent isolation and loneliness and give you a chance to offer much needed companionship, too. Friends can also: Increase your sense of belonging and purpose. Boost your happiness and reduce your stress. And apparently people live longer if they have a close friendship network.

I know people who say that they have over 500 friends on facebook, but this is not the friendship that is talked about in the Bible. Look closely and you will see Jesus gathered around him a small group of close friends who he could trust and share the important things of life with.

Quality counts more than quantity. And while it is good to have a wide network of acquaintances it is the close, meaningful relationships that will support you through thick and thin.

Churches are good places for making and growing friendships, after all the Bible talks about us seeing the love shared between friends in a church, saying that this is how we will be known as Jesus' disciples. Churches don't just meet on a Sunday but have lots of social gatherings midweek too.

Maybe 'World Friendship Day' is a good time to think about making some new friends or meeting up with old ones. Why don't you look in our parish magazines to see if there is a social gathering you could join in with this month to make and meet some friends, or come and join with us in the Beacon Team at our Joint Service at Selside – you will be made very welcome.

Friendship is something to cherish - cultivate it carefully.

Best wishes
Tricia



Worship With Us

St John the Baptist, Skelsmergh:

Sunday 2nd 4th after Trinity Morning Worship 11am

Sunday 9th 5th after Trinity Holy Communion 11am

Sunday 16th 6th after Trinity Holy Communion 11am

Sunday 23rd 7th after Trinity *with Burneside*

Sunday 30th 8th after Trinity Team Service at Selside 10.30am

St John the Evangelist, Grayrigg

Sunday 2nd 4th after Trinity Holy Communion 9.30am

Sunday 9th 5th after Trinity Morning Worship 9.30am

Sunday 16th 6th after Trinity Holy Communion 9.30am

Sunday 23rd 7th after Trinity Evening Worship 6.30pm

Sunday 30th 8th after Trinity Team Service at Selside 10.30am

St George, Kendal

Sunday 2nd 4th after Trinity Holy Communion 11am

Sunday 9th 5th after Trinity Morning Worship 11am

Sunday 16th 6th after Trinity Holy Communion 9.30am

Sunday 23rd 7th after Trinity Morning Worship 11am

Sunday 30th 8th after Trinity Team Service at Selside 10.30am

St Mary, Longsleddale

Sunday 2nd 4th after Trinity Abbey Service 10.30am



St Oswald, Burneside

- Sunday 2nd 4th after Trinity Evening Worship 6.00pm
- Sunday 9th 5th after Trinity Morning Worship 11am
- Sunday 16th 6th after Trinity Holy Communion 11am
- Sunday 23rd 7th after Trinity Holy Communion 11am
- Sunday 30th 8th after Trinity Team Service at Selside 10.30am

St Thomas, Selside

- Sunday 2nd 4th after Trinity Morning Worship 9,30am
- Sunday 9th 5th after Trinity *with Skelsmergh*
- Sunday 16th 6th after Trinity Evening Worship 6pm
- Sunday 23rd 7th after Trinity Morning Worship 11am
- Sunday 30th 8th after Trinity Team Service at Selside 10.30am

Sandylands Methodist Church

- Sunday 2nd 4th after Trinity Morning Worship 10.30am
Causeway Service 3.15pm
- Sunday 9th 5th after Trinity Morning Worship 10.30 am
- Sunday 16th 6th after Trinity All Age Worship 10.30am
- Sunday 23rd 7th after Trinity Morning Worship 10.30am
- Sunday 30th 8th after Trinity Holy Communion 10.30am

Every TUESDAY 6.00pm Short Evening Prayer at
St. Oswald Burneside

Every WEDNESDAY 9.30am: BCP Holy Communion at
St. Oswald, Burneside

Online: *Worship is available throughout the week via Zoom*

Access: <https://us02web.zoom.us/j/87329356785>

Meeting ID: 873 2935 6785

Regular weekday Zoom services include :

- * **Mondays** 8.30pm : Compline
- * **Fridays** 8.30pm : Celtic Evening Prayer

A weekly email with news and updates on services is available - please contact jean.radley@outlook.com if you would like to be added to the list.

Advertise In this Magazine

Whole page £150.00 for 12 issues

Small box 1/8th page £25.00 for 12 issues

For other prices and sizes contact the Beacon Team

Administrator

admin@beaconteam.org.uk

Readings for the Month of July 2023

July 2nd

4th after Trinity

Jeremiah 28.5-9

Psalms 89.1-4, 15-18

Romans 6.12-end

Matthew 10.40-end

July 9th

5th after Trinity

Zachariah 9.9-12

Psalms 145.8-15

Romans 7.15-25a

Matthew 11.16-19, 25-30

July 16th

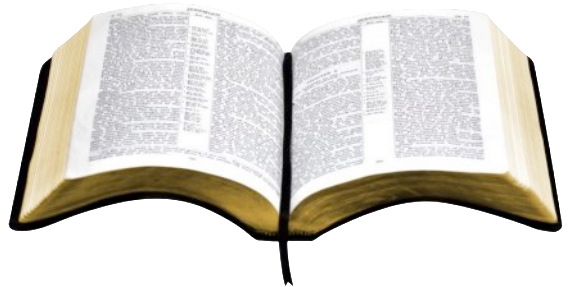
6th after Trinity

Isaiah 55.10-13

Psalms 65

Romans 8.1-11

Matthew 13.1-9, 18-23



July 23rd

7th after Trinity

Isaiah 44.6-8

Psalms 86.11-end

Romans 8.12-25

Matthew 13.24-30, 36-43

July 30th

8th after Trinity

1 Kings 3.5-12

Psalms 119.129-136

Romans 8.26-39

Matthew 13.31-33, 44-52

From The Registers

Weddings

Oliver Edward Tennyson & Emily
Mary Grace Davies - St Oswald's
Burneside May 27th



Funerals

Anne & Frank Taylor - Burial of ashes - St John the Baptist
Skelsmergh 25th May

Constance Gibson - Burial of ashes - St Oswald's Burneside
20th June

John Parkinson - Memorial - St John the Evangelist Grayrigg
30th June



Confidence in God

Alone with none but Thee, my God,
I journey on my way.
What need I fear, when Thou art near
O King of night and day?
More safe I am within Thy hand
Than if a host did round me stand.

By St Columba



Messy[®] CHURCH

Saturday 8th July

3.30-5.30pm

Sandylands Methodist Church

Food

Celebration

**Fun
activities**

For more details contact :-

cornerstonemessychurch@outlook.com



**Messy Church is part of the Bible Reading Fellowship (BRF),
a Registered Charity. brf.org.uk**

Sandylands Cornerstone Church and Community News

Totters and Bumps and Babies

Totters

A very lively popular and friendly group which attracts between 40-50 toddlers plus adults every Monday 9 - 11am. It runs in term time only. The group is run primarily by a team of 5 volunteers. We provide support for the adults as well as activities for the children. Drinks for adults included in the fee. There are plenty of toys (large and small), sit and ride toys, art and crafts, tuff tray messy activities, play dough, sand and sometimes a bouncy castle etc. We also have a quieter room for adults and children who find the other rooms too noisy and busy. The session ends with a healthy snack and a singing time.



Cornerstone Bumps and Babies (CBBs)

This small and friendly group runs in term time only on a Monday afternoon from 1.30 - 3pm. It is run by 2 volunteers. We have between 6 - 14 babies from birth to 1 year old plus adults attend on a regular basis. We offer friendship, advice and support to the adults. This is a safe place to come and experience the highs and lows of being a new parent. We attract mums, couples, dads and grandparents (and particularly when mum returns to work) We have play mats, rugs etc for the tiny babies and good quality, safe and stimulating toys and a ball pool for the babies to play with as they begin to sit up, move and eventually walk. There is opportunity to weigh the babies as well. Included in the low price is a choice of hot and cold drinks and a selection of lovely homemade cakes or biscuits.

Some of our Groups

Causeway

First Sunday of Every Month

3.15pm for Chat and Coffee, Service begins at 4pm

Friendship and praise with our friends in the community with supporting needs, to come together for chat and worship

Sandylands Seniors (1st and 3rd Thursdays)

Next Meeting July 6th Coffee Morning,

July 20th Lunch - to prebook Contact Jenny Mellor
sandylandschurchbookings@gmail.com

Games can be played, scrabble, uno, dominoes and more, or just come for a chat

First Thursdays Tea, coffee and cake is served.

Third Thursdays, the morning is followed by a cooked lunch (to be prebooked)

Donations are accepted towards the lunch and energy costs.

Drop In

Every Wednesday from 10.00 till noon
Why not join us for coffee cake and chat
Everybody is made welcome



Friendship Group (meets alternate Tuesdays)

This group is now having a break and resumes in September

GIRLS BRIGADE



1st Kendal Girls Brigade is for all girls and women. Aged 4 plus (girls must be at school).

We meet at Sandylands Methodist Church on Mondays (term time only) from 6pm to 7-30pm.

Sometimes our very youngest members leave after a drink and biscuit at 7.15pm Our n'vestigate group is 4-7years olds, n'gauge for

8-10's. n'counta for 11-13yrs old and the 14 plus organise themselves, and an n'spire group.

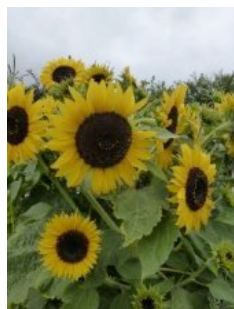
We play games. listen to stories,, be creative, and discuss life issues, all with a Christian ethos underpinning it.

Our motto is "Seek, Serve, and Follow Christ" but fun and friendship is important.

We look forward to meeting you .For more information contact Karen at 1stkendalgb@gmail.com or just pop down on a Monday night.

AMAZING ALLOTMENTS FOR AFRICA

Sandylands 4Cs (Coffee, Cake, Chat and Charity) held a Plant Sale on Saturday 20th May, alongside our usual 'coffee and cake sale' morning. Through the Ripple Effect charity (formerly Send a Cow) we hoped to buy 5 Amazing Allotments for struggling African communities so that they can develop self-sufficiency in their villages. It was lovely to welcome new faces to our social event and we were thrilled to raise the fantastic amount of £848 which will buy 8 Amazing Allotments @ £99 each and 4 Super Strong Seed packages @ £14 each (specially produced seeds for the climate they will be grown in).



Thank you to all who contributed to the success of the morning in any way.



Cheeky Pandas: The Lost Voice – a story about kindness

By Pete James, SPCK, £7.99

Children are invited to join the Cheeky Pandas, and have a fun, action-packed everyday adventure at their treehouse music studio.

Rory plays hide and seek with CJ and Milo, but gets distracted when Lulu appears and is unable to speak. Rory helps Lulu to find her lost voice, searching the treehouse and the garden before ordering a surprise from the Pandaroo delivery. Will Lulu be able to sing Benji's kindness song?

Based on the free online animation, the book encourages children to think about what it means to show love by being kind to one another. Find out more about Cheeky Pandas® at <https://cheekypandas.com/>

Sandylands Methodists June church picnic



On 11th of June we went for a church picnic after the service it was attended mainly by people connected to Sunday club as it was a bit hot for most people. We had a lovely afternoon at Natland green where there was a beautiful tree we could sit under to have our lunch and ice-lollies. We then played games with the children including football and the children's favourite with a large parachute where they run under when the fruit they have been named is called. Especially interesting when "fruit salad" is called and we all have to run under with no one holding it up. It was so good for the children and adults alike to spend some quality time together.



We are looking forward to the next one.



Have a Smile:



Late for a meeting and unable to find parking, I pulled into a spot behind a church. It was only after I'd got out of the car that I spotted this sign:

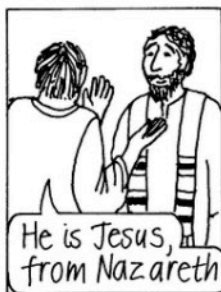
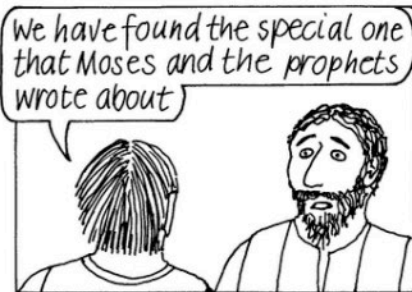
"No parking. Forgiveness is our business, but don't make it harder than it already is."

Bible Bite

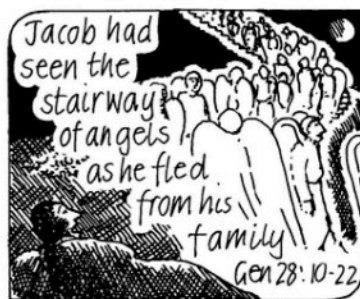
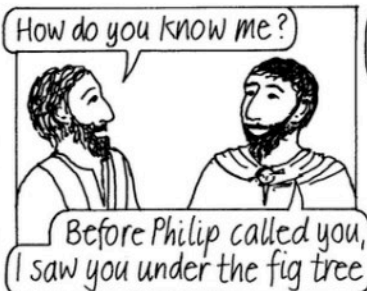
A short story from the Bible

It can be read in the Bible in
John chapter 1 verses 35 - 51

After Jesus had called Peter and
Andrew to be his disciples, he went
to find their friend Philip ...



Background: the ancestor of the Israelites was Jacob, whose name meant 'Grasper' or 'Cheat', and who cheated his father and brother. God gave him a new start and a new name - Israel - 'Prince of God'. Gen 25, 27, 32



Grayrigg Church and Community News

St John The Evangelist , Grayrigg

Church Cleaning Rota

July 2 nd	Mary Kendal
July 16 th	Sally and Wendy
Aug 6 th	Sue Hunter
Aug 20	Sally and Wendy

The rota will be published in the magazine each month.

If you wish to join the team contact Ann Kendal on 01539 824276

Rainfall in Grayrigg

The rainfall in May 2023 was 32.4 mm or 1.28 inches

The rainfall in May 2022 was 75.3mm or 2.96 inches

The average May rainfall over the last 31 years is 86.6mm or 3.41 inches.



Firbank Dominoes

Church Hall

Tuesday 11th July 7.30pm

All Welcome





Pub Night Grayrigg Coronation Hall Friday 7th July

200 club winners

1 - J Robson

2 - H Fell

3 - A Harper

Afternoon Tea In the Coronation Hall

September 9th - put the date in your diary!

Tickets for reservations available from:

David on 01539 824468

davidlast@dockergarth.co.uk.

Proceeds for the Grayrigg Over 60's funds.



The Plant Sale held in the Coronation Hall on May 27th raised the fantastic amount of £1,580 for church funds. This event was organised by Kath Dickinson and Ann Kendal, ably assisted by many others from the village and church. It was good to see so many people in the hall not only buying the plants that were for sale, but also enjoying the raffle, cake stalls and tea and coffee that were available.

David Last

Tepee Tots



A School based toddler group for young children and their parents based around nature and the seasons.

We explore, play and have fun outdoors!



Term-time Fridays 9.30 -11.30

Selside Endowed CE Primary School



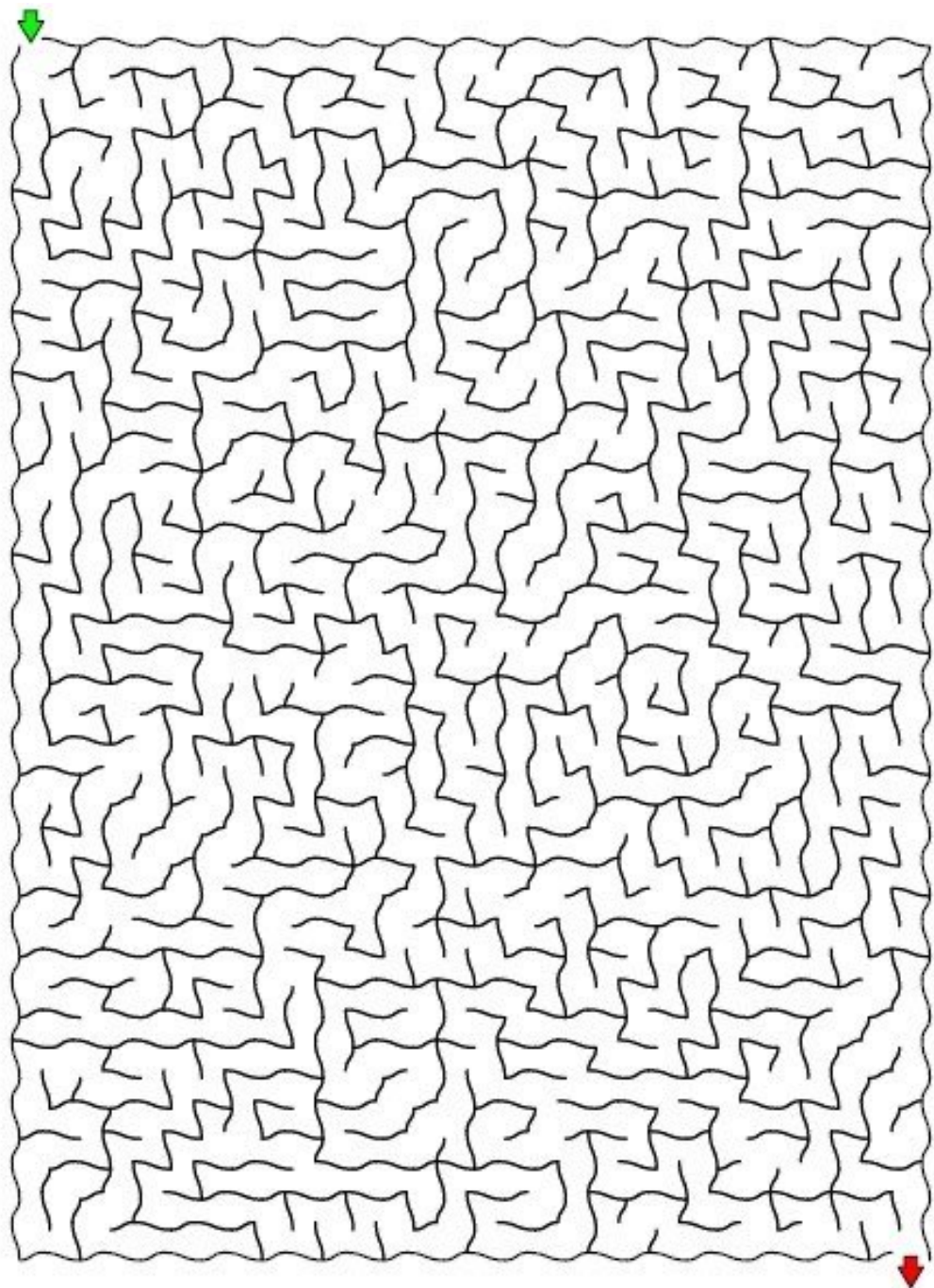
Please let us know if you're available to come and play!

Remember your waterproofs and wellies!
£1.50 per session with refreshments

Contact the school via phone: 01539 823649 or
via email: admin@selside.cumbria.sch.uk



Can You Find Your Way Out of the Maze



the KING'S MEN CAMBRIDGE

The Choral Scholars of King's College, Cambridge

'It is incredible to think that these mature vocalists are mere students'- The Times



Sunday 16th July 7:30 p.m.

St. George's Church, Castle St. Kendal LA9 7AS

Doors Open 6:45 p.m.

Tickets £13 online via www.beaconteam.org.uk from 15th June to 15th July

£15 On the door

Accompanied U16's Free



*Not everyone has a natural gift for
rural ministry*

Angel Advocates
'...For my angel is with you.' Bar 6:7

Angel Advocates is a new Christian based independent and legal advocacy charity launching later this year.

Advocacy builds bridges, builds community, builds trust, and builds confidence. It can change lives. Can you help us build that mission? We are looking for volunteers and supporters across Cumbria. We would love to come and speak to your congregation or group about advocacy and the differences it can make to the most vulnerable in society.

Be an angel?

Email: info@angeladvocates.co.uk Call: 07760 987908

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